

Preferred Therapists						
	Name/Facility	Location	Phone #	Insurance	Specialty	Miscellaneous
<input type="checkbox"/>	Bliss Guilmette, Jamie-LCSW	Wethersfield	860-798-4963	Accepts Most Major Insurances. Please, contact your insurance carrier to determine coverage.	Children, Parents, and Families. Stress, Anxiety, Depression, Trauma and/or Insomnia.	www.mindbodyblisscounseling.com
<input type="checkbox"/>	Bridge Family Center	Avon, Rockville & West Hartford	860-521-8035	Private Insurance, Medicare & Medicaid.	Anxiety, Stress, Depression, Substance Abuse, Divorce, and Other Life Issues. Residential Services, Youth and Family Services, and Family Resource Centers.	www.bridgefamilycenter.org
<input type="checkbox"/>	Bunk, Grueneberg & Associates-Ilene Grueneberg, Ph.D.	Glastonbury	860-657-8868	Husky, Medicare, UBH, Aetna & BCBS.	Adoption, Attachment and ADHD.	N/A
<input type="checkbox"/>	Connecticut Center for ADHD	Middletown	860-344-8770	All insurances accepted.	ADHD	Website under construction
<input type="checkbox"/>	Cortez, Marie-LCSW	Manchester	860-490-8384	Anthem, Cigna & Husky.	Teens, Middle Age Kids, ADHD, Diabetes Type I, IEP's/504 Plans and Advocacy, Anxiety & Depression.	To refer, call her directly. Bilingual (English/Spanish). Day and evening hours. Appointments throughout the summer.
<input type="checkbox"/>	Cove Center for Grieving Children, The	Multiple Towns	203-634-0500	Free Program.	Grieving Children Ages 4 thru 18. Guilford, Meriden, New Haven, Stonington, West Hartford, East Hartford, and Easton (serving Newtown/Fairfield County).	www.covect.org
<input type="checkbox"/>	CT Psychological Assessment Center, LLC	Wethersfield	860-372-4811	To determine if you have mental health coverage, please check with your insurance carrier.	Counseling, psychological evaluations, and other behavioral intervention and mental health services.	www.cpactherapy.com/index.html
<input type="checkbox"/>	Family Resource & Development Center	Farmington	860-838-4735	Anthem BCBS and Medicaid/Husky.	Social/Emotional/Behavioral and Cognitive Difficulties, Depression, Anxiety Conditions, High Functioning Autism, ADHD, Other Neuropsychological Delays/Deficits, Various Childhood Mental Health Issues, Parenting Challenges and Family Related Issues, Adolescent Substance Abuse Disorder, and Eating and Nutrition Disorders.	www.frdcllc.com
<input type="checkbox"/>	Hoon, Melissa-LCSW	Rocky Hill	860-785-6344	Aetna, Anthem, Cigna, ConnectiCare, Husky, Medicaid, Oxford, United Healthcare and Out-of-Network.	Ages 14 and up. High Functioning Autism, Asperger's Syndrome, Relationship Issues, School Issues, Self Esteem and Stress.	www.psychologytoday.com/us/therapists/melissa-hoon-rocky-hill-ct/397651
<input type="checkbox"/>	Hopewell Health Solutions-Michelle Reynolds, Ph.D. & Kristine Schlichting, Ph.D.	South Glastonbury	860-946-0447	BCBS, Husky, Aetna, United, & Value Options.	Anxiety, Depression, Behavioral Issues, Parenting, Group Therapy, Autism. Works with Adults, as well.	www.hopewellhealthsolutions.com
<input type="checkbox"/>	Integrated Assessment Associates-Mary White-Roath, Ed.D.	West Hartford	860-256-7092	Self-Pay Only.	Consult with both K-12 and Higher Education institutions in the field of psycho-educational testing and treatment. Direct Services: Metacognition-Non-Medical Reading/Writing/Remediation Diagnostic Testing: Perform diagnostic testing on individuals in order to determine the best possible method of assistance	www.marywhiteroath.com
<input type="checkbox"/>	Jewish Family Services-Shayna R. Ull-LMSW	West Hartford	860-236-1927 Ext. 7262	Accepts Most Insurances. Please, contact your insurance carrier to determine coverage.	Counseling Services for Children, Families, Individuals & Seniors.	www.jfshartford.org
<input type="checkbox"/>	Klingberg Family Centers Outpatient Clinic	New Britain	860-243-4416 Call for New Patient Appointments	Husky A & B	Ages 4 to 17. Trauma, Neglect, Family, Behavior & Medications Prescribed.	www.klingberg.org

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□	Lehman, Marc-LMFT	West Hartford	860-523-1577	Services may be covered in part by your health insurance or employee benefit plan. Please note that Marc Lehman is not in network with any insurance companies. Contacting your insurance carrier to determine out of network coverage can be helpful.	Individual and Family Therapy for middle and high school aged teens for both psychiatric and non-psychiatric difficulties, Dorm Room Coaching and Counseling (DRCC) for college students, Parenting support during divorce and after, Distinct focus working with eating disordered patients, Marital Counseling, Individual therapy for adults for adjustment issues, depression, anxiety and addictions, and Conflict Resolution for divorced parents.	www.marclehmanlmft.com
□	Maine & Weinstein	West Hartford	860-313-4431	Self-Pay Only.	Eating Disorders.	www.mwsg.org
□	Morrison, Donna-MSW, LCSW	Wethersfield & West Hartford	860-490-5778	Husky, Anthem BCBS, Cigna, & Aetna.	All Age Groups- Play Therapy, Art Therapy, and Parenting.	dmorrison.lcsw@gmail.com
□	New England Center for Cognitive Behavioral Therapy	Glastonbury	860-430-5515	Anthem, Medicaid, Cigna, Tri-Care, Out-of-Network Sliding Scale, & Coming Soon-Senior Medicare Sliding Scale.	Cognitive Behavioral Therapy & Psychiatry.	www.necbt.com
□	Oculus Life Design- Jennifer Hoffman, LCSW	West Hartford	860-680-5289	Anthem BCBS, Aetna & Medicaid.	Ages 10 to 60. Usually Monday thru Thursday, but flexible hours by contacting her directly. Relationships, Trauma, Grief and Loss, Educational Issues, Autism, ADHD, Anxiety, Anger, Depression, Parenting, and Daily Stressors.	www.oculuslifedesign.com
□	Perry & Shirley Staltaro	East Hartford	860-502-4908	Husky & Most Other Insurances Accepted.	Evening & Weekend Appointments Available. Psychological Testing & Neuropsychological Testing Children and Adults, Individual Therapy for Adults and Children, Group Therapy, Marital/Couples Counseling.	www.staltaro.com
□	Psychological Health Associates	West Hartford & Danbury	860-233-9772 203-794-1044	Accepts Most Insurances. Please, contact your insurance carrier to determine coverage.	Multiple Providers. Divorce, Anxiety, Neuropsychological Evaluations, and ADHD.	www.psychhealthnet.com
□	Psychological Health & Development Associates, LLC	Wethersfield	860-338-5911	Participates in Anthem/Blue Cross Blue Shield, Cigna Behavioral Health, Husky D and Medicare Managed Care Panels. Also offers an affordable private pay schedule for people who wish to have more flexibility and confidentiality than Managed Care (i.e. insurance) may allow.	Cognitive-Behavioral, Psychodynamic, Systems Theories and Neuropsychological Assessment.	www.psychhealth.net/home.html
□	Rainbow Center Psychological Services- Ozlem Camli, Ph.D.	Wethersfield	860-529-5229	Anthem, UBH, & Husky.	Developmental Disorders (Preschool & School Age Children), ADHD, Parenting, Family, Women's & LGBT Issues, & Life Transitions.	www.rainbowcenterforchildrenandfamilies.com
□	Reflections Counseling and Consulting Services, LLC- Kari Ann Greaves-LADC	Wethersfield	860-452-0113	Aetna, Anthem, Blue Care Network, Blue Cross, Blue Shield, Blue Cross and Blue Shield, Cigna, Healthy CT, Husky, Medicaid, Solutions EAP, & Out of Network.	Adolescents/Teenagers (14 to 19) and Adults. Drug & Alcohol Counselor	www.psychologytoday.com/us/therapists/kari-ann-greaves-wethersfield-ct/232721
□	Weis, Dina-Ph.D. Formerly: Dina Zekowski	Middletown & West Hartford	860-347-9911 Ext. 401	UHC, Oxford, MHN, Aetna, BCBS, Magellan, Value Options, & Cigna.	General, and Anxiety.	N/A

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Psychiatrists						
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<input type="checkbox"/> Aujla, Akashdeep-MD	Wethersfield	860-757-3940	BCBS, Cigna and Aetna	Child and Adolescent Psychiatry	Not accepting new patients until February of 2019. Evening & Saturday Appointments Available	
<input type="checkbox"/> Carbonari, Claudia-MD	Glastonbury	860-633-9522	Self-Pay Only	Autism Spectrum, ADHD	Only accepting new clients on a case-by-case basis	
<input type="checkbox"/> Jewish Family Services Gurender Sahani-MD	West Hartford	860-236-1927	Aetna, BCBS, Cigna, ConnectiCare, Husky, Oxford, Tricare, United Health Care	Counseling Services for Children, Families, Individuals & Seniors	www.jfshartford.org	
<input type="checkbox"/> Karabelnik, Lisa-MD	West Hartford	860-521-3380	Out-of-network provider. Please contact your insurance company for details	Child, Adolescent and Adult Psychiatry	www.drkarabelnik.com	
<input type="checkbox"/> Middlesex Hospital Family Advocacy Program- Gouta, Hanady-MD	Middletown	860-358-3404	Accepts all Insurances	Child & Adolescent Psychiatry	Takes patients that reside in Middlesex County (Chester, Clinton, Cromwell, Deep River, Durham, East Haddam, East Hampton, Essex, Haddam, Killingworth, Middlefield, Middletown, Portland, Old Saybrook, and Westbrook). Employees of Middlesex Hospital or their Family Members also accepted.	
<input type="checkbox"/> Spector, Steven-MD	Plantsville & West Hartford	860-321-2055	BCBS accepted. Insurance can change; please double check when making an appointment	Child & Adolescent Psychiatry	Please contact by telephone	
<input type="checkbox"/> UCONN Psychiatry Department	Farmington	860-523-3745	Accepts all Insurances	Ages 6-17 ADHD/Trauma/Individual & Group Therapy, & Medication Management	http://health.uconn.edu/psychiatry	
<input type="checkbox"/> Winokur Psychiatry, LLC Winokur, David-MD	West Hartford	860-251-9453	Self-Pay Only	Ages 5 and Above Child, Adolescent & General Psychiatry	Please contact by telephone	

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Crisis/Emergent/Urgent						
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<input type="checkbox"/> 211-Emergency Mobile Crisis Intervention Services	State of Connecticut	211	Free Initial Assessment	Monday thru Friday: 6:00 a.m. to 10:00 p.m.- Excludes Holidays Weekends and Holidays: 1:00 p.m. to 10:00 p.m. Calls after 10:00 p.m.: Will Get an On-Call Clinician	www.211ct.org	
<input type="checkbox"/> Domestic Violence Hotline/Thehotline.org	National	800-799-7233	Free Service	Domestic Violence	www.thehotline.org	
<input type="checkbox"/> InterCommunity Behavioral Health Services	East Hartford	860-569-5900	Accepts all Insurances	Mental Health & Addiction Services Walk-In Care Available	www.intercommunityct.org/behavioral-health/	
<input type="checkbox"/> National Suicide Prevention Lifeline/Lifeline Chat	National	800-273-TALK (8255)	Free Service	Suicide Prevention	www.suicidepreventionlifeline.org/chat	
<input type="checkbox"/> Rushford	Avon, Cheshire, Glastonbury, Meriden, & Middletown	877-577-3233	Accepts most insurances	In Patient & Partial Hospital	www.rushford.org	
<input type="checkbox"/> Wheeler Clinic	Plainville	888-793-3500	Accepts all Insurances	Mental Health & Substance Abuse Clinic Walk-In Care Available	www.wheelerclinic.org	

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Family Support						
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<input type="checkbox"/> Connecticut Children's Office for Community Child Health	Hartford	860-545-9000	Call the department needed directly to see if there is a charge	Oversees a variety of community oriented programs that address a wide range of factors that influence children's healthy development. Traditional areas of child health services, family support, early care and education. Also touch other sectors including food and nutrition, housing, economic development, child welfare, and transportation.	www.connecticutchildrens.org/community-child-health/	
<input type="checkbox"/> CT Children's Center for Care Coordination- Allison Wilson	Hartford	860-837-6200	Services are free to all families with children up to age 21	Complex Medical Conditions, Autism Spectrum Disorders, Developmental Delays, Behavioral/Mental Health Conditions, Vulnerable or at risk due to family, housing, economic, and/or social factors.	www.connecticutchildrens.org/community-child-health/center-care-coordination/	
<input type="checkbox"/> CT Family Support Network- Patricia Stavola	Multiple Regions for CT	877-376-2329	Services are Free	Helps families raising children with disabilities and special healthcare needs.	www.ctfsn.org	
<input type="checkbox"/> Positive Parenting Program (Triple P)- Dee Chadwell, Program Supervisor	Serving New Britain & Hartford DCF Families	860-243-4418	Services are Free	In home program designed to help parents become resourceful problem solvers with an evidence-based parenting curriculum.	www.klingberg.org	

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