

Now Offering Circle of Security® Parenting™

at Rocky Hill Pediatrics!

Circle of Security® Parenting™ is a time away from your busy lives for parents to reflect on their relationship with their child. The class is about learning to recognize your child's needs and meet those needs as a stronger, kinder and wiser parent. The program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

In 2017, our staff at Rocky Hill Pediatrics participated in the Circle of Security® Parenting™ program, in order to enlighten ourselves as parents. Over the course of eight weeks, we explored and ultimately gained a new perspective to the way we parent. As proud graduates, our staff interacts on a deeper level and we know how beneficial this class can be for parents. Therefore, we are pleased to offer ongoing classes to our patient's parents throughout the year.

Here is what some of our parents are saying about our class!

"As a new mother, I wanted to learn how to emotionally care for my daughter. This class was very helpful!" –Cristina

"I wanted to learn more about my child's behavior and how I can interact more positively with her. Overall, a great experience!" –Jennifer

"I love learning about new things and anything about parenting is helpful! This class opened my eyes to see what struggles I have and need to address for my kids." –Paula

"I love using the principles of Circle of Security with our patients to show them what a wonderful job parenting they are already doing." - Dr. Schwab